



Activities



HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 42-month-old—a great way to have fun together and encourage your child’s healthy development.

Circle All Around

Cut out some large paper circles and show them to your child. Talk with your child about things in their world that are “round” (a ball, the moon, etc.) Cut the circle in half and ask your child if they can make it round again. Next, cut the circle into three pieces, and so forth.

Developmental Areas: Communication, Problem Solving

Materials Needed: Paper; scissors

Dressing Up

When your child is getting dressed, encourage them to practice with buttons and zippers. Play a game of Peekaboo to show them how buttons go through the holes. Pretend the zipper is a choo-choo train going “up and down” the track.

Developmental Areas: Personal-Social, Fine Motor

Materials Needed: Clothes; zippers or buttons



NOTES: _____



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Simon Says

During bath time, play Simon Says to teach your child names of body parts. First, you can be “Simon” and help your child wash the part of their body that “Simon Says”. Let your child have a turn to be “Simon”, too. Be sure to name each body part as it is washed and give your child a chance to wash themself.

Developmental Areas: Personal-Social, Communication

Materials Needed: None

Twirl Around

Make long scarves out of fabric scraps, old dresses, or old shirts by tearing or cutting pieces. Use material that is light-weight. Hold on to the edge of the scarf and twirl, run, and jump around.

Developmental Areas: Gross Motor, Fine Motor

Materials Needed: Scraps of fabric or old clothes



Want to learn about developmental milestones for your child?

Visit <https://bpub.fyi/CDC42month>