



Activities



HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 18-month-old—a great way to have fun together and encourage your child’s healthy development.

Find the Toy

Get two containers (coffee cups or cereal bowls) that look the same and a small toy. Hide the toy under one container while your toddler watches. Ask your toddler, “Where did it go?” Eventually, you can play the old shell game, moving the containers after you hide the toy.

Developmental Areas: Problem Solving

Materials Needed: Containers or cups; small toy

What Are We Wearing?

Lay out your toddler’s clothes on the bed before dressing. Ask your toddler to give you a shirt, pants, shoes, and socks. This is an easy way for them to learn the names of common items of clothing.

Developmental Areas: Personal-Social

Materials Needed: Clothes



NOTES: _____



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Bubble Blower

Toddlers are excited about bubbles. Let your toddler try to blow bubbles, or watch you blow bubbles through a straw. Bubbles are fun to chase and pop, too.

Developmental Areas: Fine Motor

Materials Needed: Bubbles; straws or bubble wands

Sorting Game

Help your toddler sort objects into piles. Your toddler can help you sort laundry (put socks into one pile and shirts in another). Play “clean up” games, too. Have your toddler put toys on specified shelves or boxes.

Developmental Areas: Personal-Social

Materials Needed: Clothes; toys; other objects to sort



Want to learn about developmental milestones for your 18-month-old?

Visit <https://bpub.fyi/CDC18month>